Duval County Public Schools

Recorder Level 1

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Instructor:

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Ensembles:

Go From My Window	Ens:1
Tune of the Buffens	Ens:2
French Suite	Ens:3
Dance of Hercules	Ens:4
Hamburg	Ens:5
Mes De Mayo	Ens:6
Holy Manna	Ens:7
The Water is Wide	Ens:8
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Canon After Two	Ens:15
Bamboo	Ens:16
O Come, Little Children	Ens:18
Pastime With Good Company	Ens:19
A Sailor Likes His Bottle-o	Ens:20

Recorder Day 1 - Exploring the Recorder

Talk about the instrument:

- Yamaha, three piece, using the English or Baroque Fingering. 6th and 7th holes are doubled, some of the lower and upper fingerings are different. German or Renaissance fingerings are simpler, louder, and a little out of tune.
- Baroque style recorder allows tuning by ear, has a sweeter tone and is more suitable for chamber music. Renaissance style recorders have a larger bore, fuller more strident tone, and are more suitable for larger spaces or outdoors.

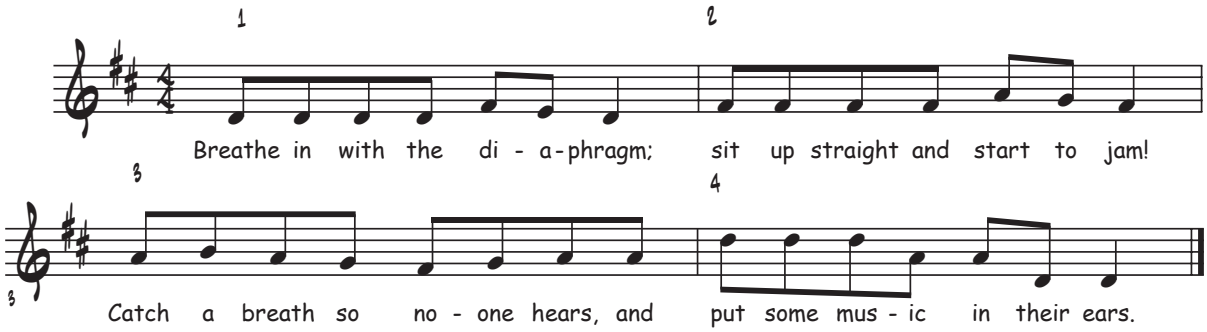
Take it apart:

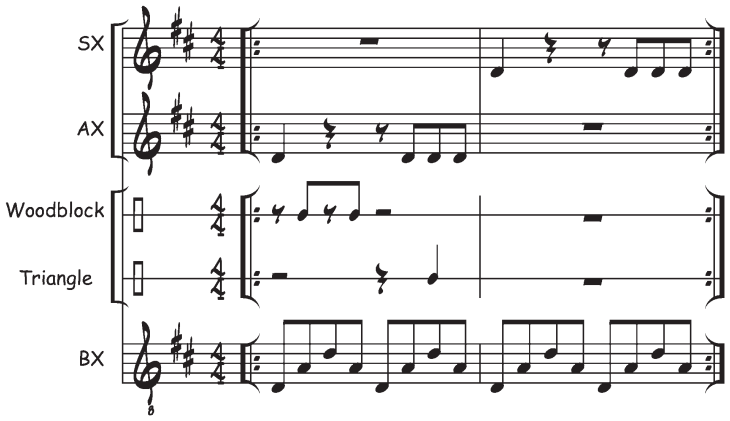
- The tail piece and the mid-section can be separated and cleaned. Use a clarinet cleaner or a clean rag or hanky on a string.
- The mouthpiece can cleaned with a pipecleaner or a small feather. The block can be removed for a more thorough cleaning. They are dishwasher safe. ☺
- The Mouth piece can be a nice slide whistle if you use your pinky for a plunger. Try it!

Breath Control (Remember, FUNdamentals are FUN!)

- Students must be taught breathe! In the right places, at the right time and in the right way. Phrasing, tone, musicality are at stake. Sooo... we:
- Stick to the Wall.
  - » Give everyone a sheet of paper. "Stick" it to the wall with your breath. If it's too hard with a full sheet, tear it in half and try, then in half again. Time everyone. Find the biggest "blowhard." :)
- Warm Air, Cold Air.
  - » Breathe on your hand. Hard (Cold), Soft (Warm) Ask students to use warm air from now on..
- Learn a Breathing Song: (*Breathe* by BMH. Canons Too! p.10)
  - » **Breathe in with the diaphragm**. Watch my mid-section expand. Use a manipulative. Breathe IN by simply relaxing the diaphragm. Breathe OUT in a controlled, sustained exhale. Create some resistance vocally or feel the resistance with the recorder. Experiment with variations of tone and length of phrase as you exhale with and without the recorder. Find the dynamic range.
  - » **Sit up Straight and Start to Jam**. Extoll the virtues of good posture with the students. The diaphragm and the lungs must be free and clear for breathing to be controlled.
  - » **Catch a Breath so no one Hears.** Breathe IN quietly through the corners of your mouth when playing recorder or on an open vowel for singing.
  - » **And put some music in their ears!** Making music is the goal. Creating a beautiful tone, an interesting phrase, pleasant melody.

Use this great warm-up canon to help a young choir or recorder class remember good The First Three Notes: SPRB Unit 1:



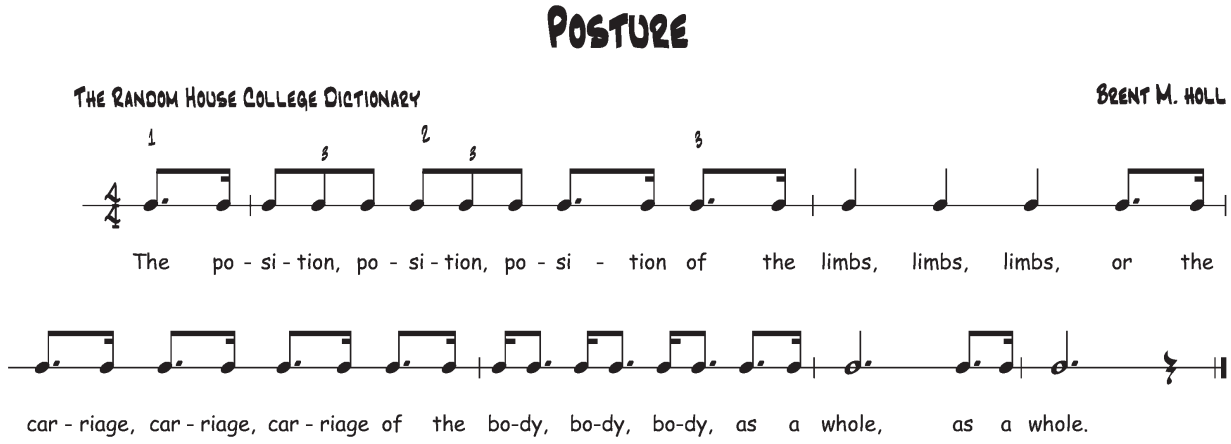


- G A B
- Explain finger charts, show my boughtin' ones....
- Fingers on the holes, flat not rounded. Finger pads cover the holes, NOT finger tips.
- Discuss "tonguing" TAH or DAH? Any intial consonant can be used, some work better than others. Soft consonants: L, H, N, etc. Hard consonants: T, D, K,inG (against the soft palate. Try them all. (Touguing = Articulation)
- Play the echo game with BAG. Sighted, then unsighted. Anyone want to try it?
- Play some examples. Students select. All count off and play. Try #25 at the end....

Lesson: *Gonna Make Music* LSPD by MRN p. 3

Day 2 Recorder, Unit 2 high C

SPRB Unit 2 - High C (C1)
Warmup: Learn the Posture Canon:



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- Review breathing, posture, articulation. Play the echo game with GAB.
- Play your name: Each player takes a turn and improvises their "NAME." Then try some variations:
  - » Variations can be your first name, your last name, your real name, your user ID, your cartoon name, your mama's name..... etc. Try and use all the notes in any order as many times each as you wish, it's Improvisation!
- Introduce the new note: C1
  - » Add a simple bordun and add it to the above activities.
- Play some examples from the book. Ask individual students to select and count off.

Ensembles:

- # 25 Tune of the Buffens,
- # 35, 38, 40 The French Suite,
- #50 Go From My Window.

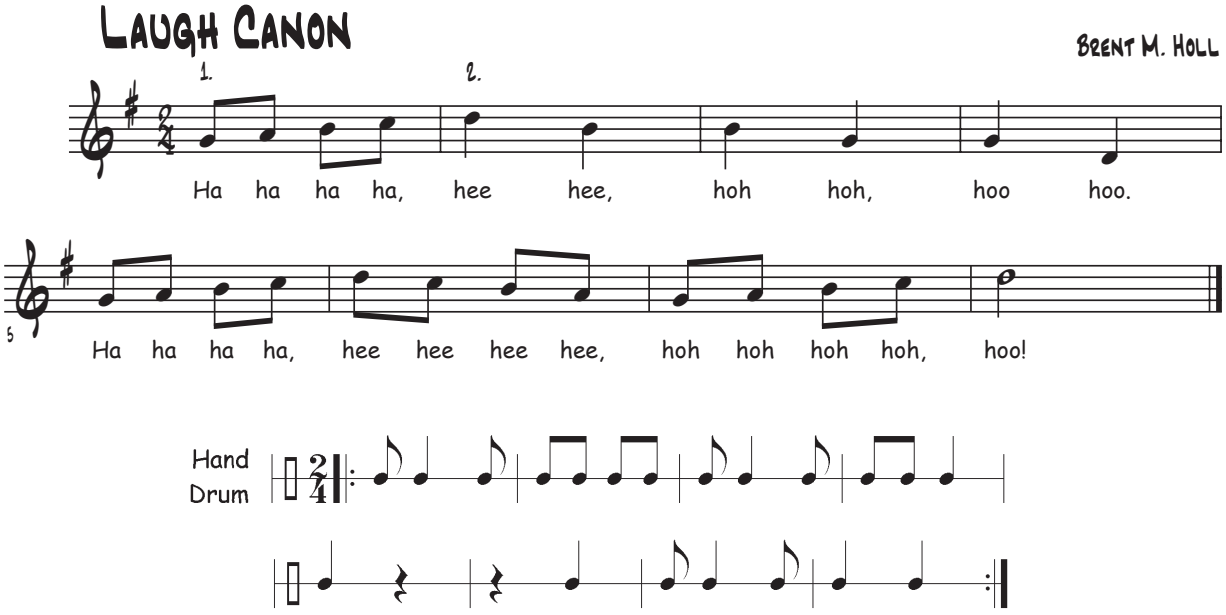
Extensions:

- From Recorder Frolics, by Rob Amchin
  - » It's in the BAG, p. 6, parts 1 and 2.
  - » Wake Up! You Sleepy Head, p. 7, part 1.
  - » Such Grace, p. 8, part 1.

Lesson for Day 2 - *Rockin' the Night Away* - by MRN. LSPD p. 21

Day 3 Recorder, Unit 3 high D

Unit 3 - High "D" (D1)
Warm-up Canon: *The Laugh Canon* by BMH, Canons Too! p. 8.



Put singing, recorders, hand drums, and movement all together in this canon.

- **Sing** the canon in unison as a warm up reinforcing the vowels and good breathing technique with the aspirate "H."
- Teach the rhythm accompaniment using imitation; transfer to hand drums and play in canon.

High D (D1) (bonus note: low D)

- Warm-up and review G, A, B. C1
- Echo game, everyone takes a turn. Four beats at a time. ONLY notes we've learned.
- Add the new note, "D1." or High D.
- Discuss technique for High D, reviewing warm air and tuning. Try alternate fingerings.
- Take another turn at the Echo Game.
- Play the *Laugh Canon* from a Visual.
- Do the "pick and count-off" practice routine in the book.
    - » Be sure to include: # 56, 57, & 64.

Lesson - *Love Somebody***,** by MRN, LSPD p. 25.

Extensions:

- From Moods and Modes by Rob Amchin:
    - » Dance in Seven, part 1
    - » Chacconne, part 1
- Review Ensembles from yesterday

Day 4 Recorder, Unit 4 F#

Unit 4 - F# Bonus Notes: Low E and D.

Warm-up and Review

- Learn a new game: Question/Answer or Call/Response
  - » Review elements of QA
  - » Use only learned notes so far.
  - » Everyone gets a turn with the new game.

The new note: F#; The engagement of the right hand. (At Last!)

- Try it out with some long tones in tune.
- Echo game
- Q/A with the new note
- Add a bordun in G and everyone gets a turn.

Practice

- "Pick and Count-off" routine.
  - » Make sure to play #74

Lesson: *Frolics in F#*, by Rob Amchin, Recorder Frolics, p. 10.

- Using Flash Cards (put them on the floor for better posture) or a Visual (LSPD KeyNote Slide) play the "point & play" game. Start easy and work up to the new note.
- Play/point the tune
- Play point the tune with the recording.
- Add one or two players on hand drum.
- Appoint a student conductor to take over for the teacher.
- Play and point with the student. Teacher points to part 2 and asks when finished, "What's New?"
- **Discover the new "bonus" notes: E and D**. Find some volunteers to try them out. Find enough for some players to follow the student and some to follow the teacher.
- Appoint another student to point to part 2. Play the duet.
- Add the Visual of the score so everyone can play and the Tenor part for the Teacher.
- Play the whole thing, first with the recording, then without.

Ensembles:

- French Suite - parts 1 & 3 (with bonus notes)
- Tune of the Buffens - parts 1 & 2
- German Suite
- Stille, Stille.
- Dance of Hercules, parts 1 & 2

Day 5 Recorder - Unit 5 low E

Unit 5 - Low E (bonus note: High E (E1))

Warm-up and Review:

- Learn the new note. Remember "warm"air? It becomes more necessary when the low notes are played.
- Discuss the effectiveness of various tonguing styles for the low notes.
- Play some long tones for tuning. Review the low D, yesterday's bonus note.
- Using E minor pentatonic (E, G, A, B, D) Play some questions and answers.
    - » Add a crossover bordun and a lively tempo.
    - » Everyone gets a turn.
    - » Learn Carol's Tune from the Visual. Make it a joyous refrain for a Rondo.
    - » Add the funky percussion.
    - » Assign Questions and Anwers, percussionists, and play the whole thing.

Practice:

- Pick and Count-off
- Make sure to include: #94, 96.

Lesson: *Cotton-Eye Joe* by MRN, LSPD, p. 15

Ensembles:

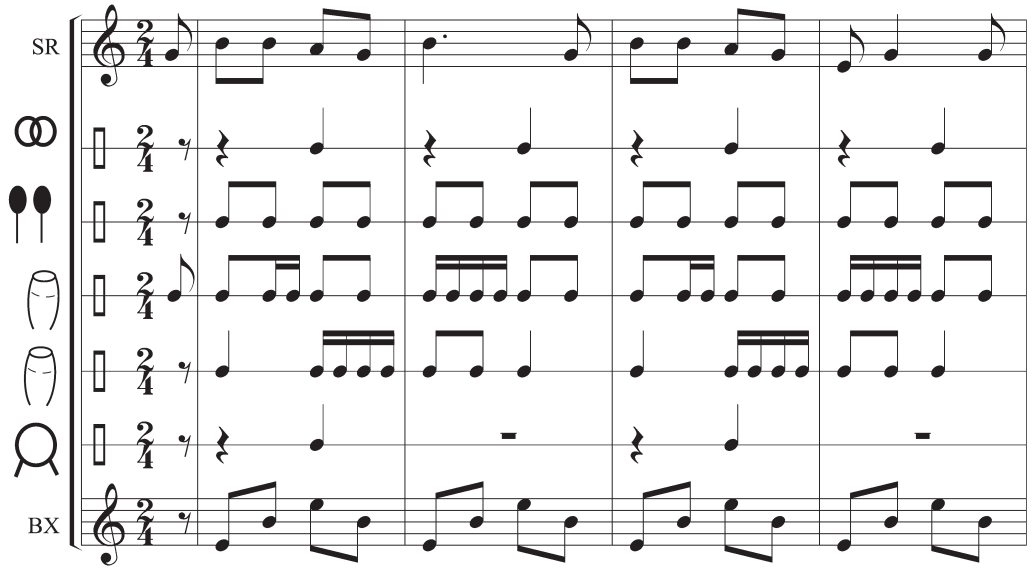
- Southwell
- There Was a Pretty Lass part 1
- German Suite (bonus note: low C)
- Stille, Stille
- Dance of Hercules
- Review previous Ensembles adding parts:

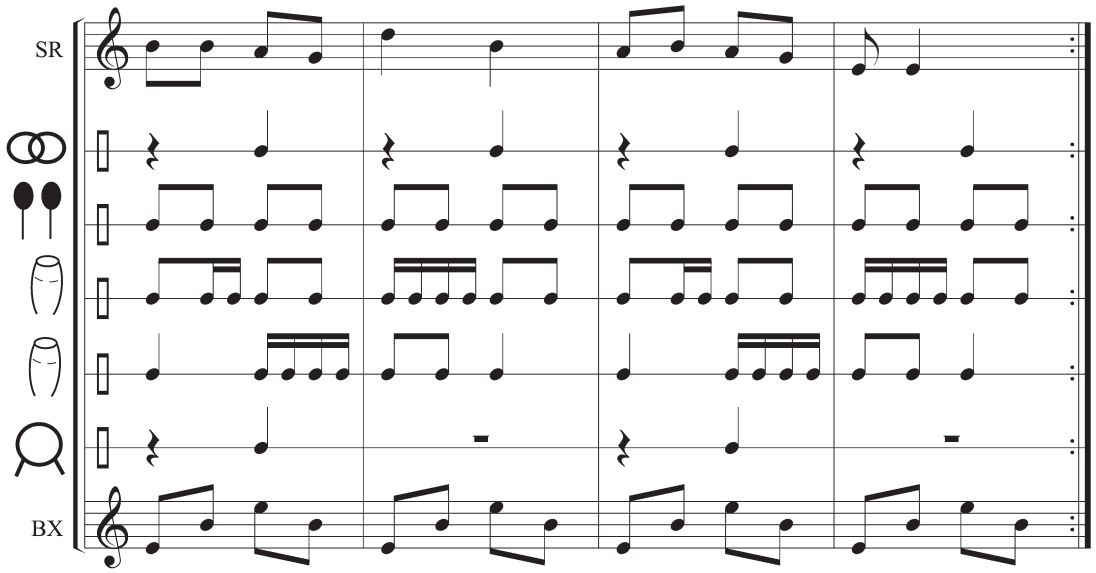
E, G, A, B, D1

Carol's Tune

Carol King

arr. Brent M. Holl





Day 6 Recorder - Unit 6 high E

Unit 6: High E
Warm-up: Sing Noel Sing and Play with the new note: Low D
Technique:
- Demonstrate the "thumb roll"
- It's a vertical move NOT horizontal.
- High E can be played (out of tune) by leaving off the thumb altogether. It's always a pragmatic option.

Practice:
- Pick and Count-off
- include #'s 102; 104; 105; 108; 113

Ensemble Assignment
- Everyone must play recorder in at least one ensemble.
- There must be only one recorder per part.
- If there is a non-recorder part in your piece, pick up someone from outside your group.
- You must be able to play each part in the ensemble.

Solo Assignment
- Pick one of the following pieces from SPRB at each level.
- Practice fingerings, articulation, tone, and phrasing.
- Play privately or in class for evaluation. Accompanists are allowed on unpitched instruments only.
    - » Bronze = #'s 102; 104; 105; 108;
    - » Silver = #'s 113; 121; 136; 145
    - » Gold = #'s 155; 159; 169; 165
    - » Platinum = #180; 153; 132;

Improvisation assignment
- Improvise question/answer phrases over a given bordun in the following Pentatonic keys:
    - » G/Em;
    - » C/Am;
    - » F/Dm;

Ensembles:
- Jingle Bells

Extensions:
- E's and Low D - Canon in Three - Recorder Frolics, p. 9
- Round E Round WE Go-e - Recorder Frolics, p. 11
- Warm and Witty - Recorder Frolics p. 12
- Egyptie

Day 7 Recorder - Units 7, 8, and 9 low D, high C#, low C

Unit 8: Unit 7 Low D, Unit 8 High C#, Unit 9 Low C
Warm-up and Review *The Water is Wide,* arr. BMH
Technique:

- Use Warm Air for low D.
- Make sure and use the pads of your fingers.
- Pick and Count off: Incude # 121;
- Introduce High C#
- Pick and Count off: Include #'s 132; 136
- Introduce Low C
- Pick and count off: Include: #'s 145

Practice

- Use the new notes to play Question and Answers in C and Am Pentatonic, G and Em Pentatonic.
- Play Canon

Lesson: *Bamboo* arr. by BMH
Ensembles:

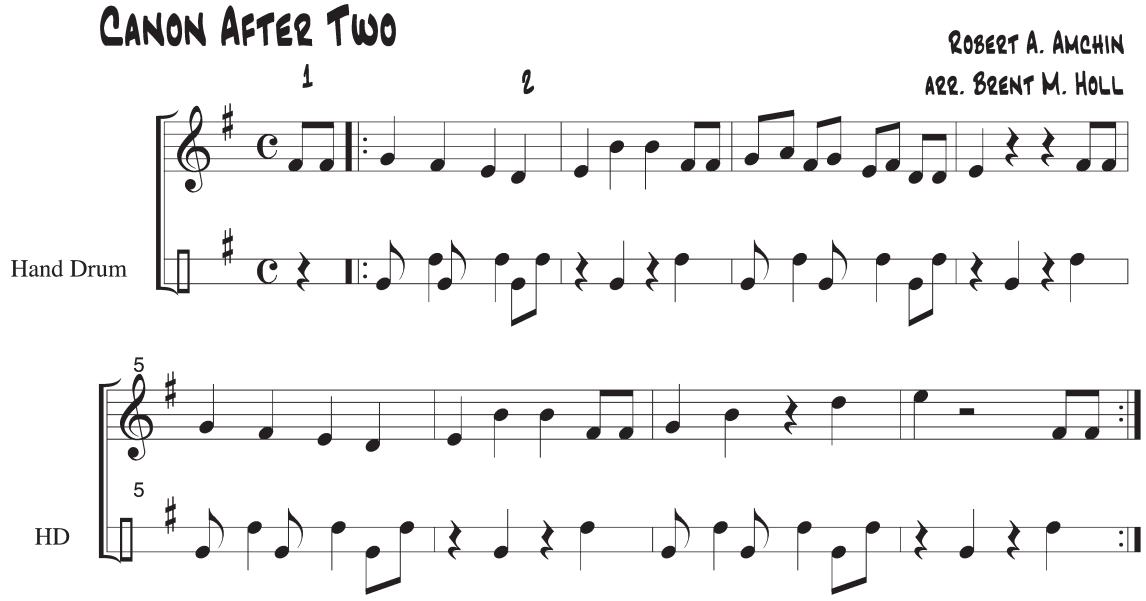
- Au Claire De La Lune
- There Was a Pretty Lass
- Holy Manna
- Tempus Adest Floridum (bonus notes: F1, G1. Volunteers?)

Testing

- Time will be spent each day for the rest of the week with supervised individual and ensemble practice.
- Testing will ensue when preparations for each component are complete.
- Question/Answer evaluations will happen at the beginning of each class.

Day 8 Recorder - Unit 10, ll, and 12, F, Bb, G#

Unit 10 F, Unit 11 Bb, Unit 12 G# (for bonus)
Warm-up - *Canon for Two* by Rob Amchin, arr. BMH
Sing and Play:



Technique:
- Introduce the new notes; Try them out with tuning notes and imitation.
- Discuss "forked" fingering. Talk about the difference between "baroque" and "german" fingerings. Use the whistle as a demo.
- Play Question/Answers using the key of D and F. Evaluations may ensue.
- Pick and count off; include: #'s 153; 155; 159; 169; 165; 180;

Ensembles:
- O Come Little Children
- Pastime with Good Company (BPCC version)

Ensemble, Solo practice and evaluations.

Extensions:
- Moods and Modes
- Recorder Frolics
- Ensembles in SPRB

Day 9 Recorder - Review and Evaluation

Review

Warm-Up

- Play some ensembles from SPRB:

Practice

- Question/Answer in F and Dm. Evaluations may ensue
- Ensembles may practice
- Solos may practice
- Evaluations may occur

Ensembles:

- Enjoy some favorites

Questions, Comments, Observations, Requests.

Day 10 Recorder - Finish

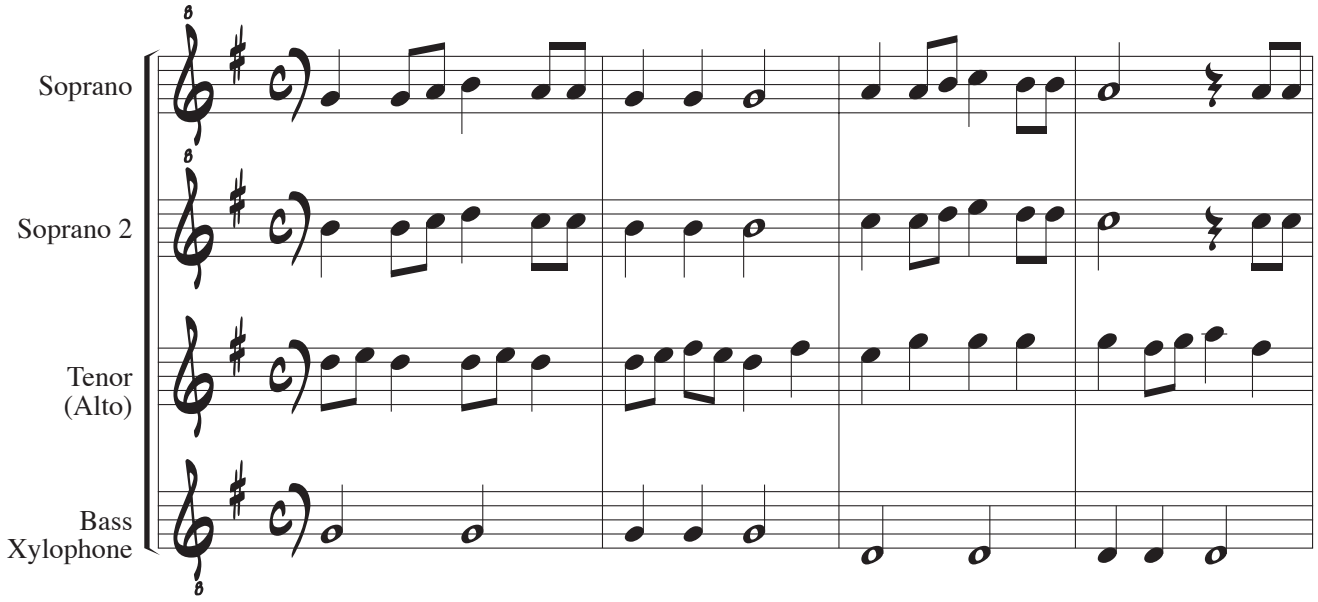
NOTES:

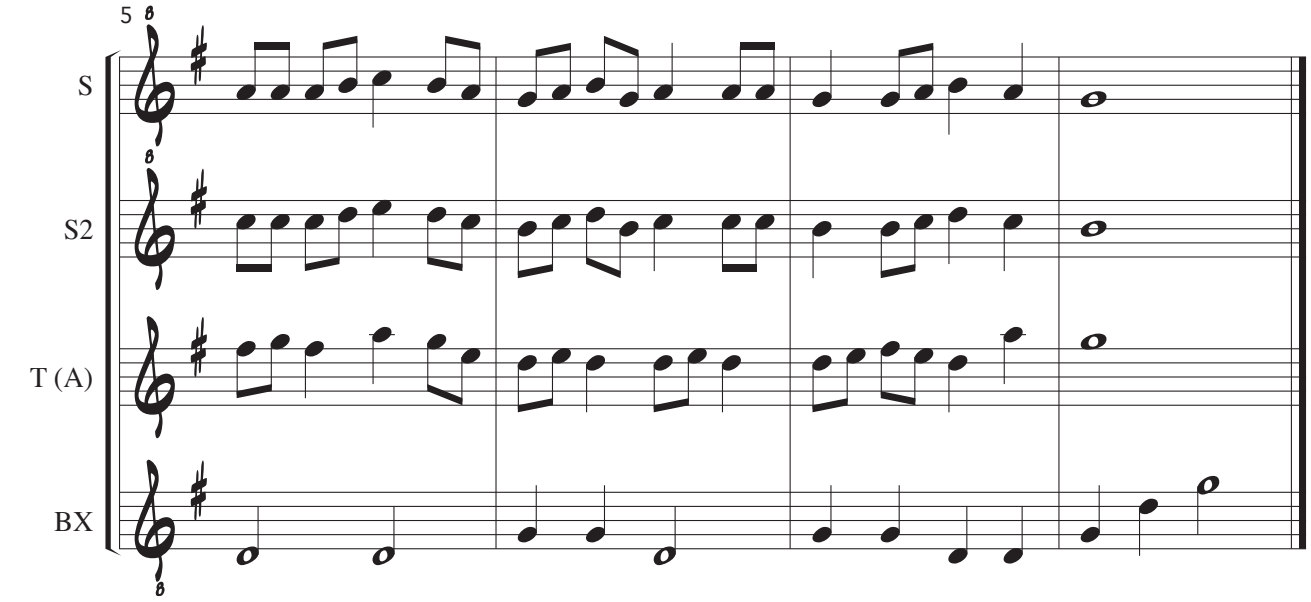
Part 1: G, A, B, C[1]
Part 2: B, C[1], D[1], E[1].

Go from My Window

SPRB #50

English Folk Song
arr. Brent M. Holl



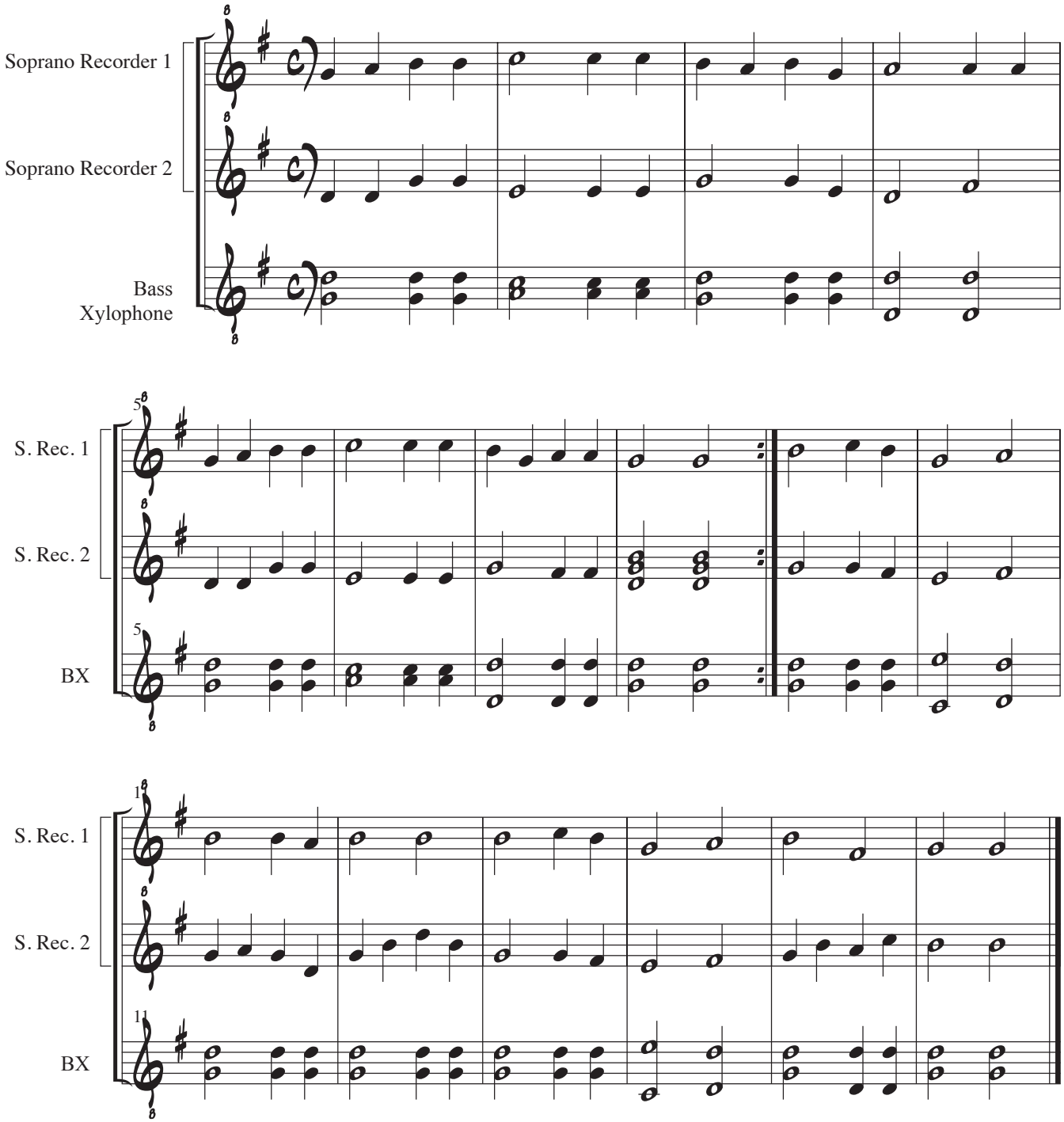


PART 1: G, A, B, C
PART 2: D, E, F#, G, G, B, C1, D1

Tune of the Buffens

SPRB #39

Thoinot Arbeau
arr. Brent M. Holl



Ens:2

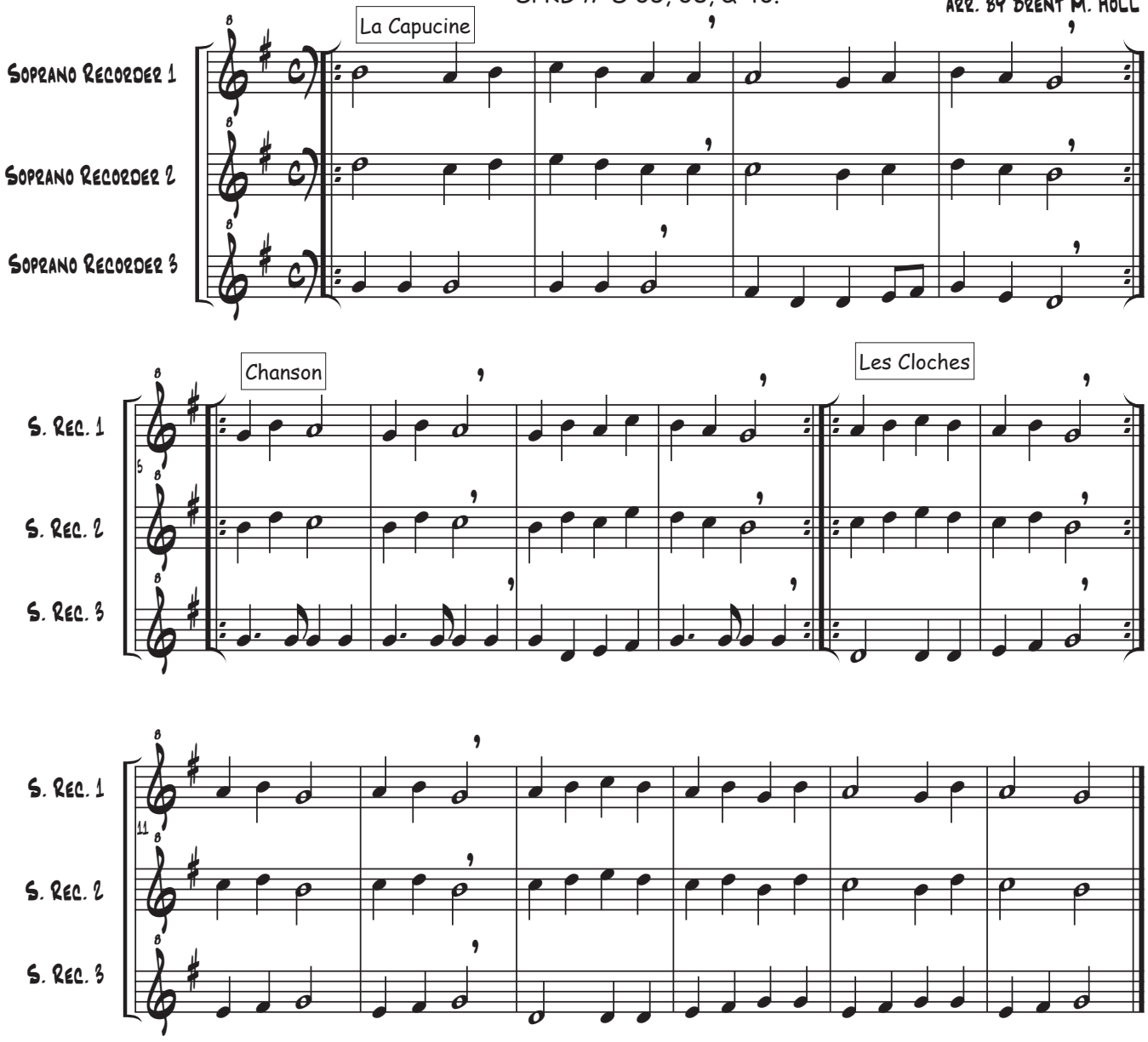
PART 1: G, A, B, C1
PART 2: B, C1, D1, E1
PART 3: D, E, F#, G

French Suite

for Sopra Niños

SPRB #'S 35, 38, & 40.

ARR. BY BRENT M. HOLL



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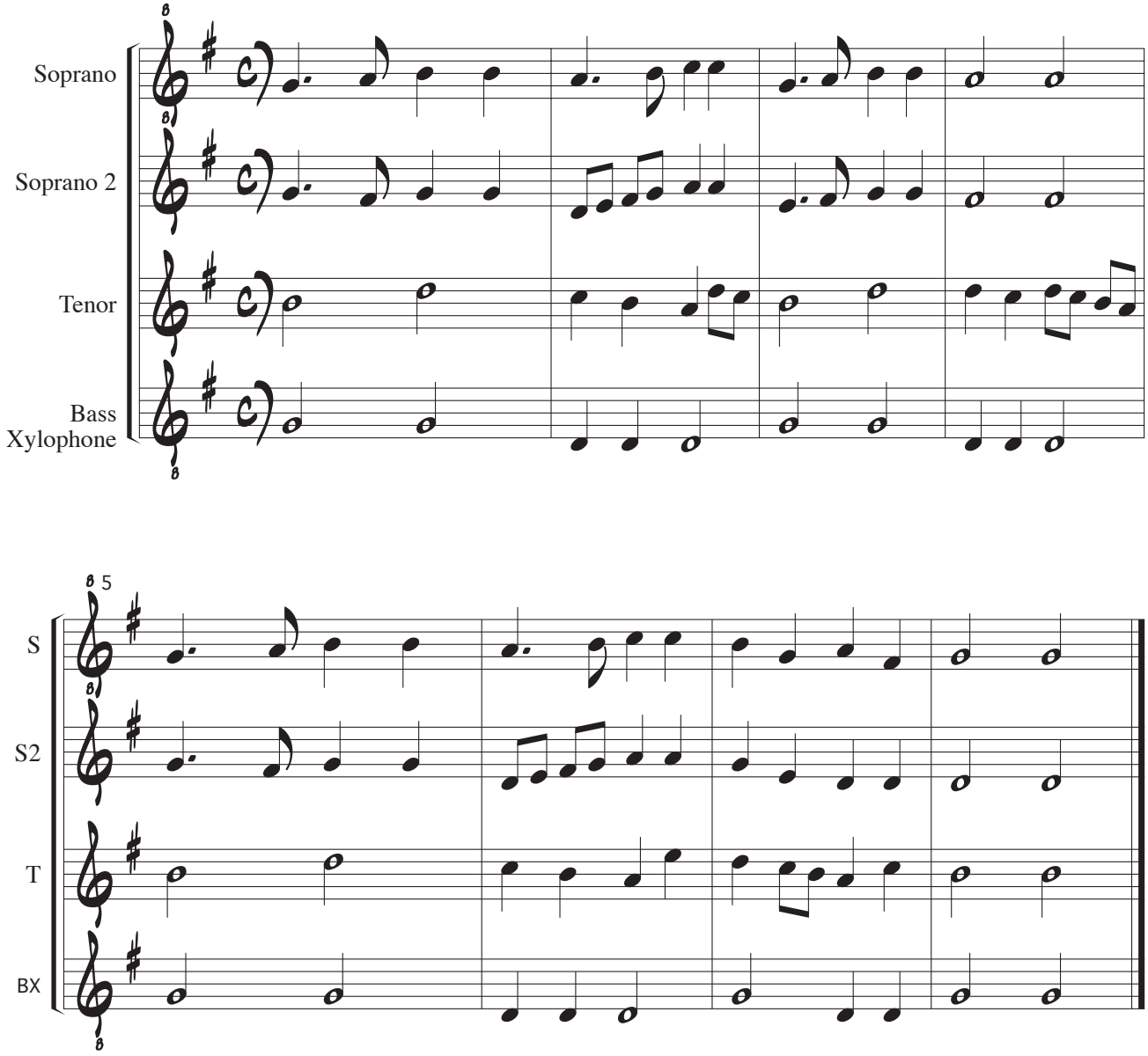
Part 1: F#, G, A, B, C[1]
Part 2: D, E, F#, G, A

Dance of Hercules

SPRB #186

C. Gervaise
arr. Brent M. Holl



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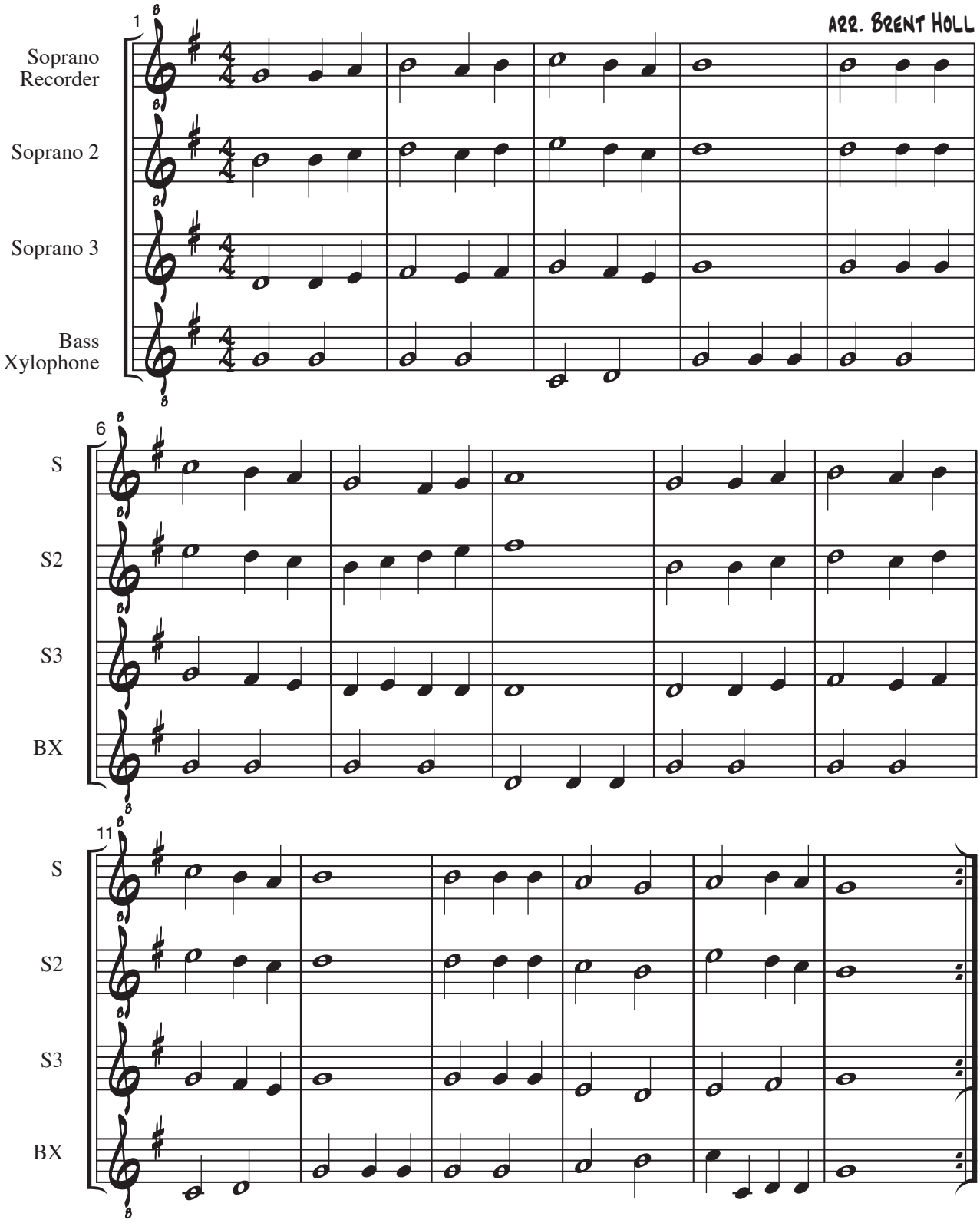
PART 1: F#, G, A, B
PART 2: B, C1, D1, E1
PART 3: D, E, F#, G

Hamburg

SPRB #75

Lowell Mason

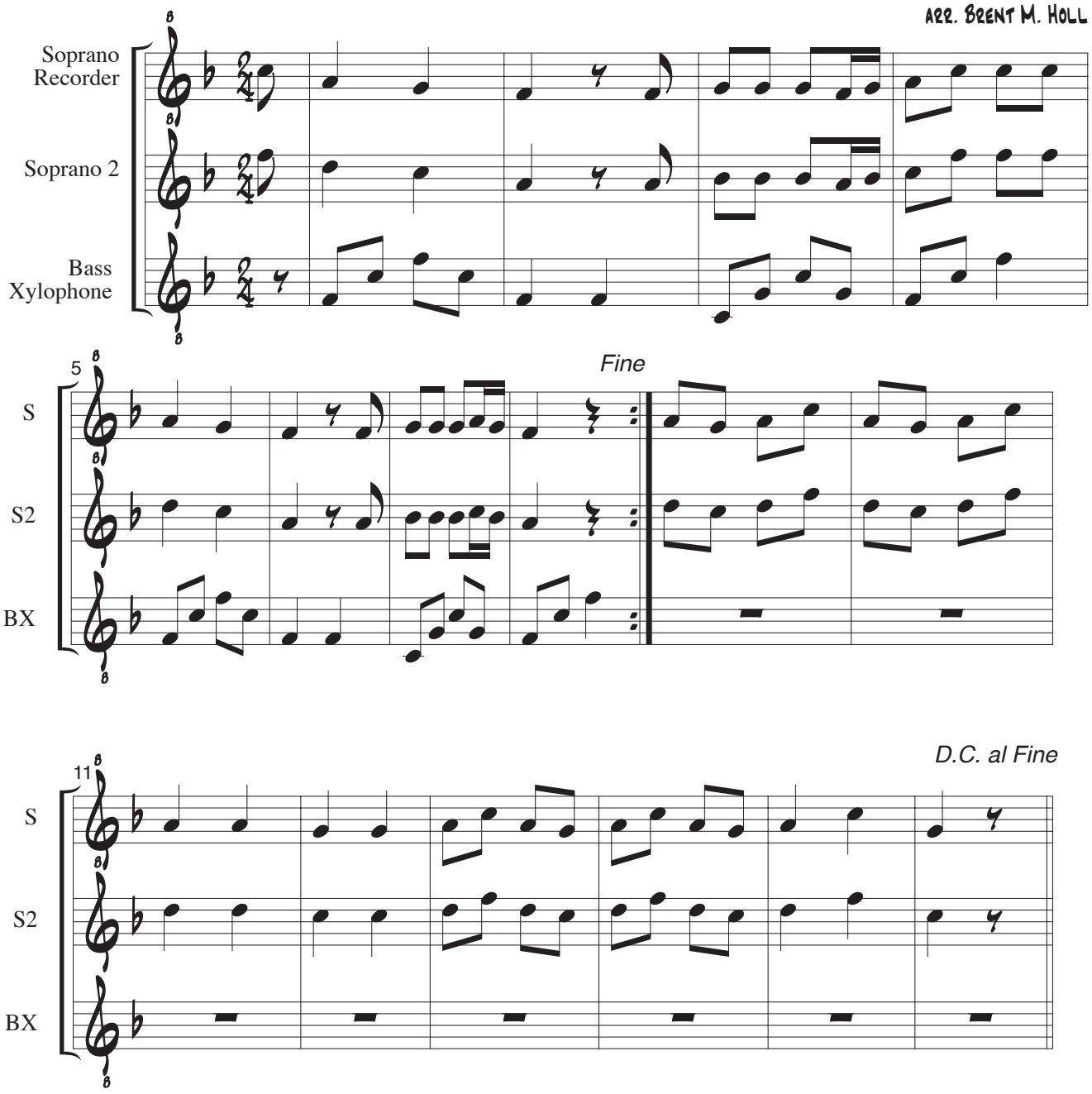
arr. Brent Holl



Part 1: F, G, A, Bb, C1
PART 2: A, Bb, C1, D1, F1

Mes De Mayo

Jos Wuytack
arr. Brent M. Holl



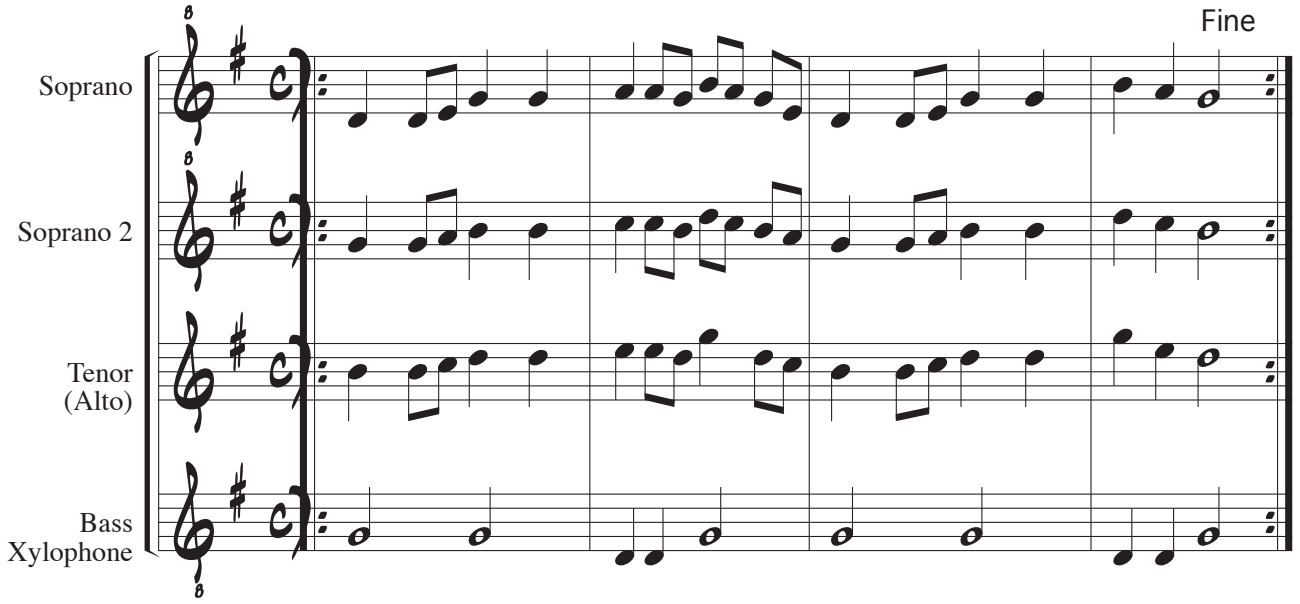
Part 1: D, E, G, A, B, D^1

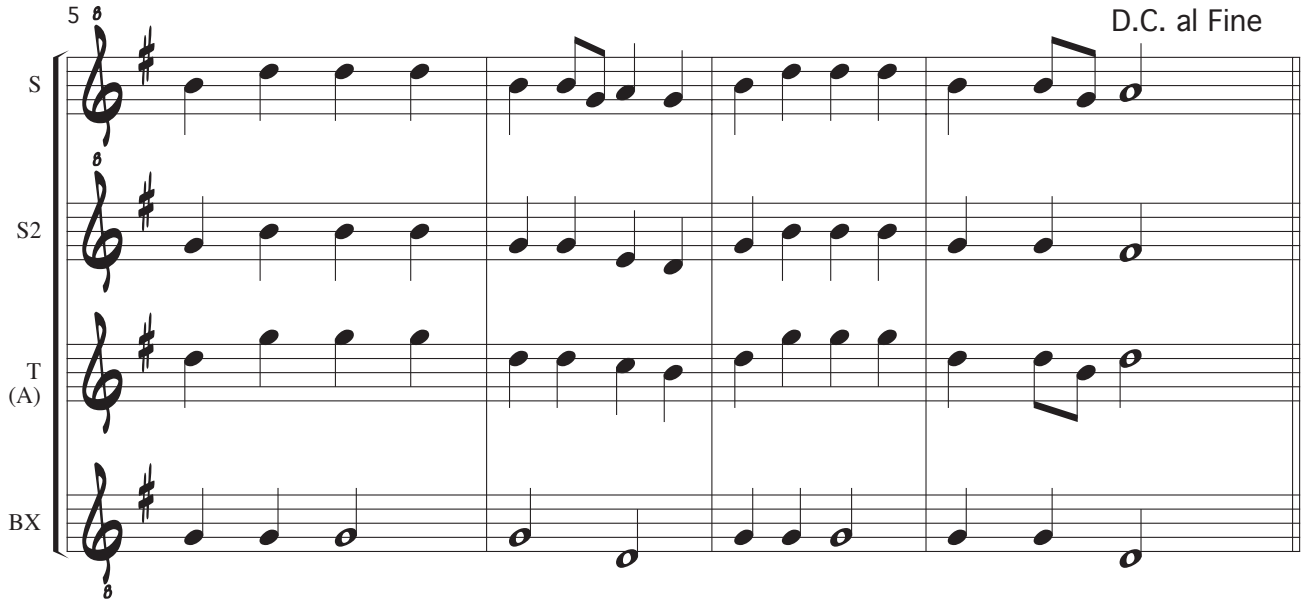
Part 2: F#, G, A, B, C, D^1

Holy Manna

BPCC #1

William Moore
arr. Brent M. Holl

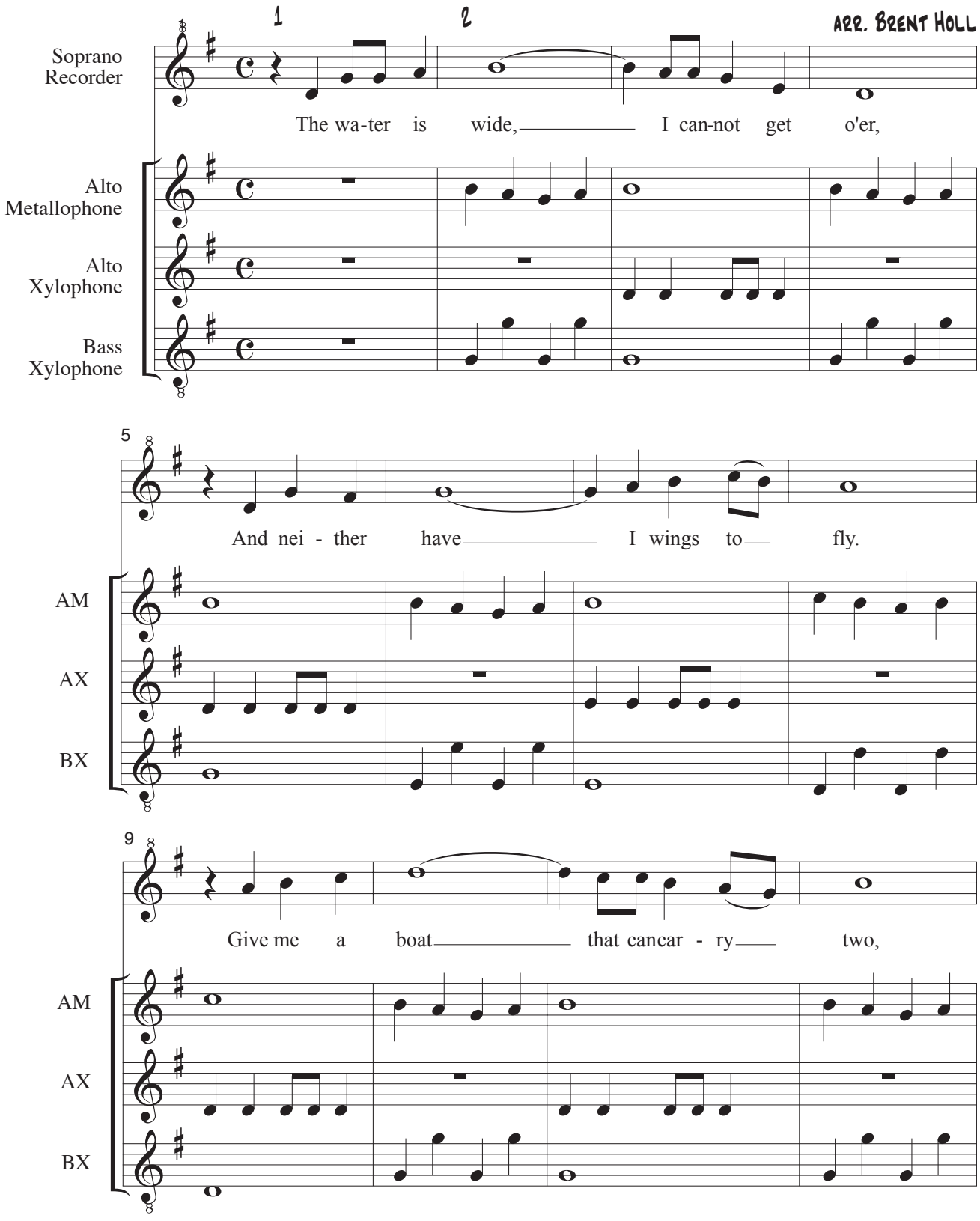




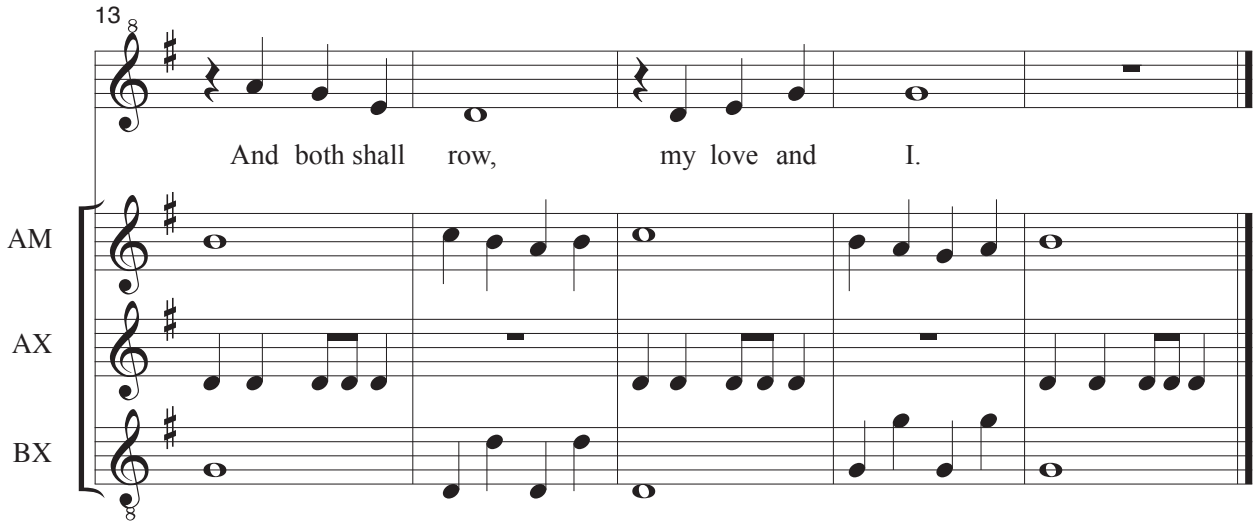
D, E, F#, G, A, B, C1, D1

The Water Is Wide

ARR. BRENT HOLL



Ens:8



CANON AFTER ONE MEASURE IS POSSIBLE, BUT LEAVE OUT THE AM PART

A SHIP THERE IS AND SHE SAILS THE SEA
SHE'S LOADED DEEP AS DEEP CAN BE
BUT NOT SO DEEP AS THE LOVE I'M IN
I KNOW NOT IF I SINK OR SWIM

I LEANED MY BACK AGAINST AN OAK
THINKING IT WAS A TRUSTY TREE
BUT FIRST IT BENT AND THEN IT BROKE
SO DID MY LOVE PROVE FALSE TO ME

I REACHED MY FINGER INTO SOME SOFT BUSH
THINKING THE FAIREST FLOWER TO FIND
I PRICKED MY FINGER TO THE BONE
AND LEFT THE FAIREST FLOWER BEHIND

OH LOVE BE HANDSOME AND LOVE BE KIND
GAY AS A JEWEL WHEN FIRST IT IS NEW
BUT LOVE GROWS OLD AND WAXES COLD
AND FADES AWAY LIKE THE MORNING DEW

MUST I GO BOUND WHILE YOU GO FREE
MUST I LOVE A MAN WHO DOESN'T LOVE ME
MUST I BE BORN WITH SO LITTLE ART
AS TO LOVE A MAN WHO'LL BREAK MY HEART

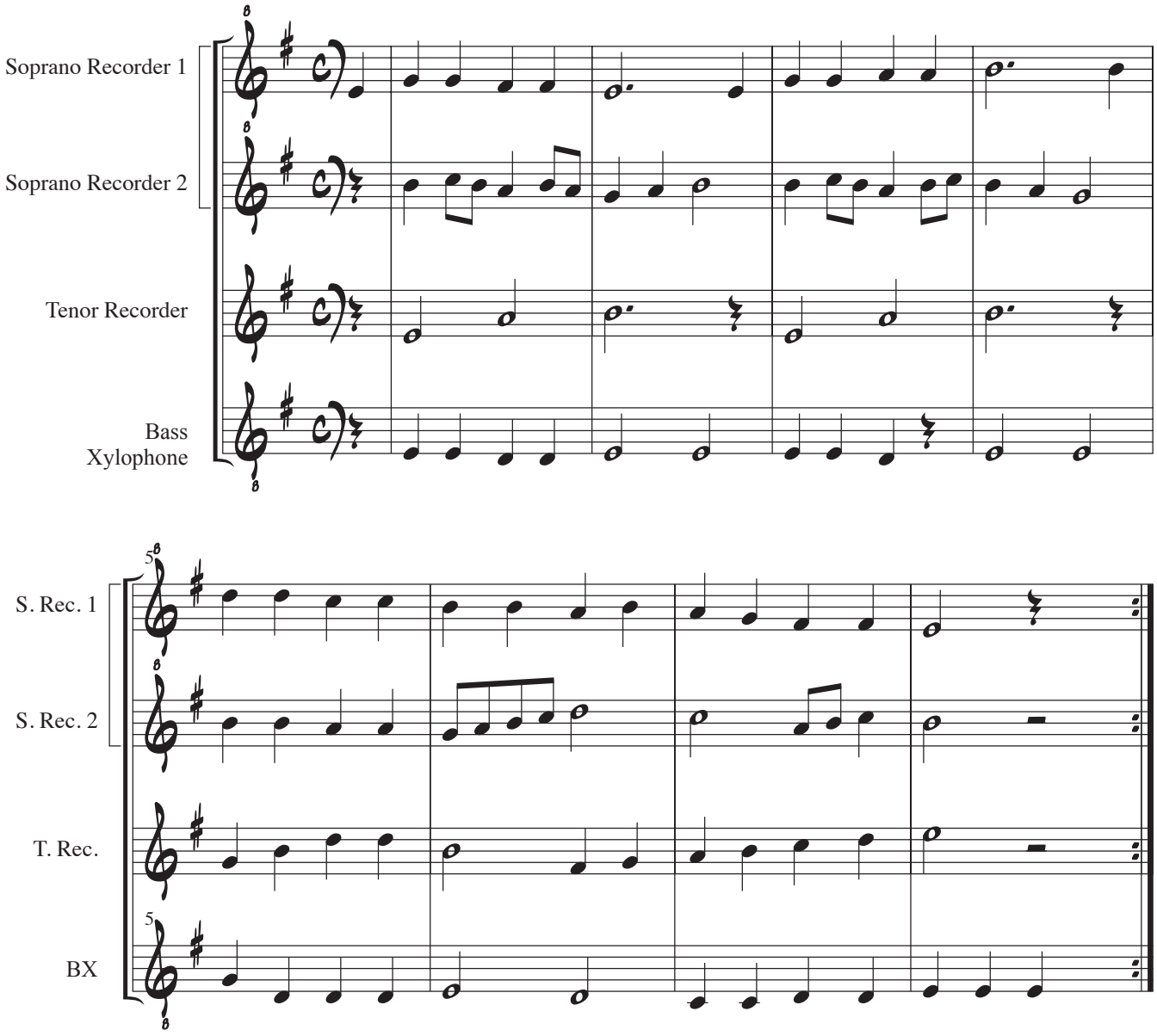
WHEN COCKLE SHELLS TURN SILVER BELLS
THEN WILL MY LOVE COME BACK TO ME
WHEN ROSES BLOOM IN WINTER'S GLOOM
THEN WILL MY LOVE RETURN TO ME

Part 1: E, F#, G, A, B, C1, D1
PART 2: G, A, B, C1, D1

Southwell

SPRB #94

English (16th Century)
arr. Brent M. Holl

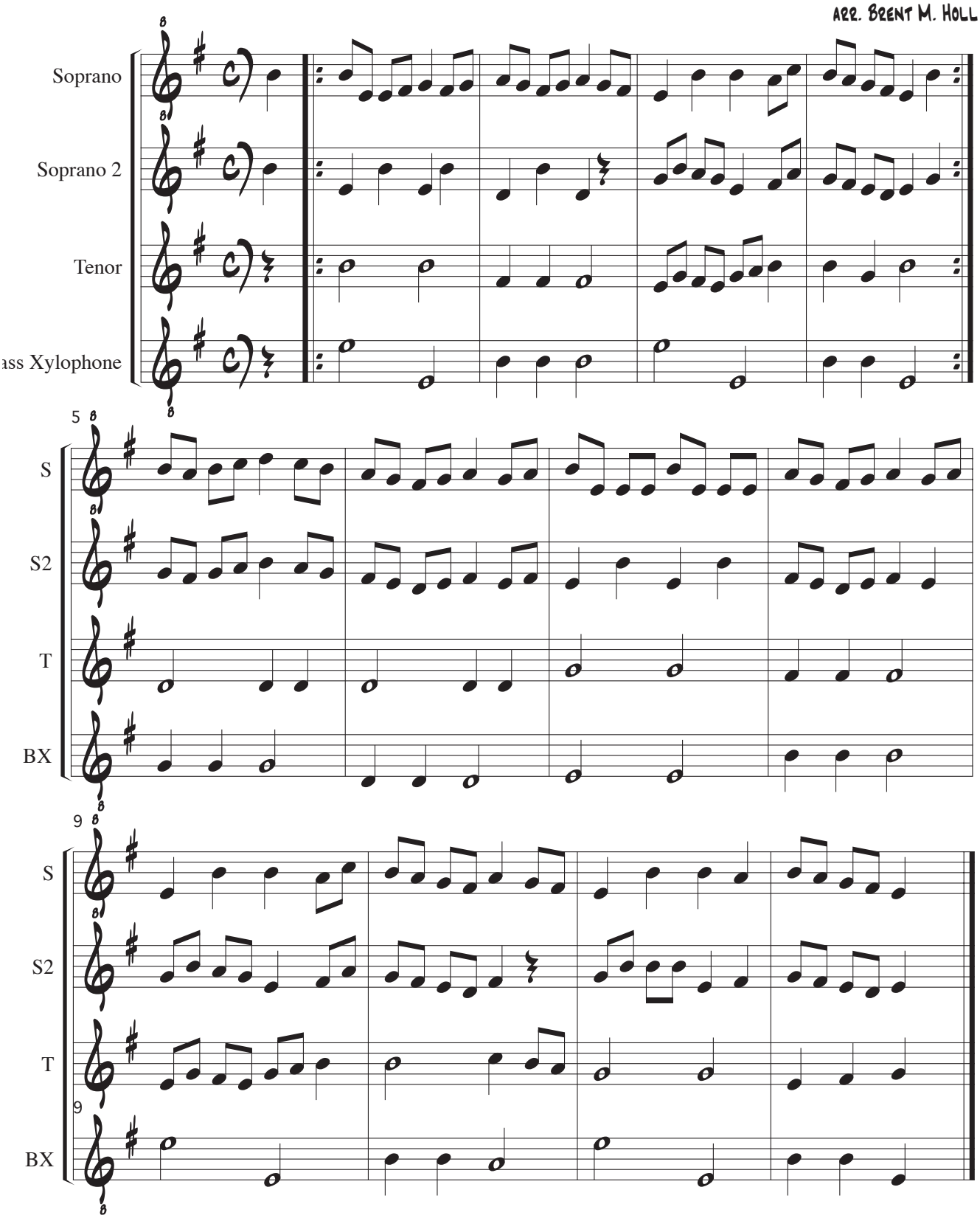


Part 1: E, F#, G, A, B, C, D[1]
Part 2: D, E, F#, G, A, B

There Was a Pretty Lass

SPRB #96

English Folk Song
arr. Brent M. Holl



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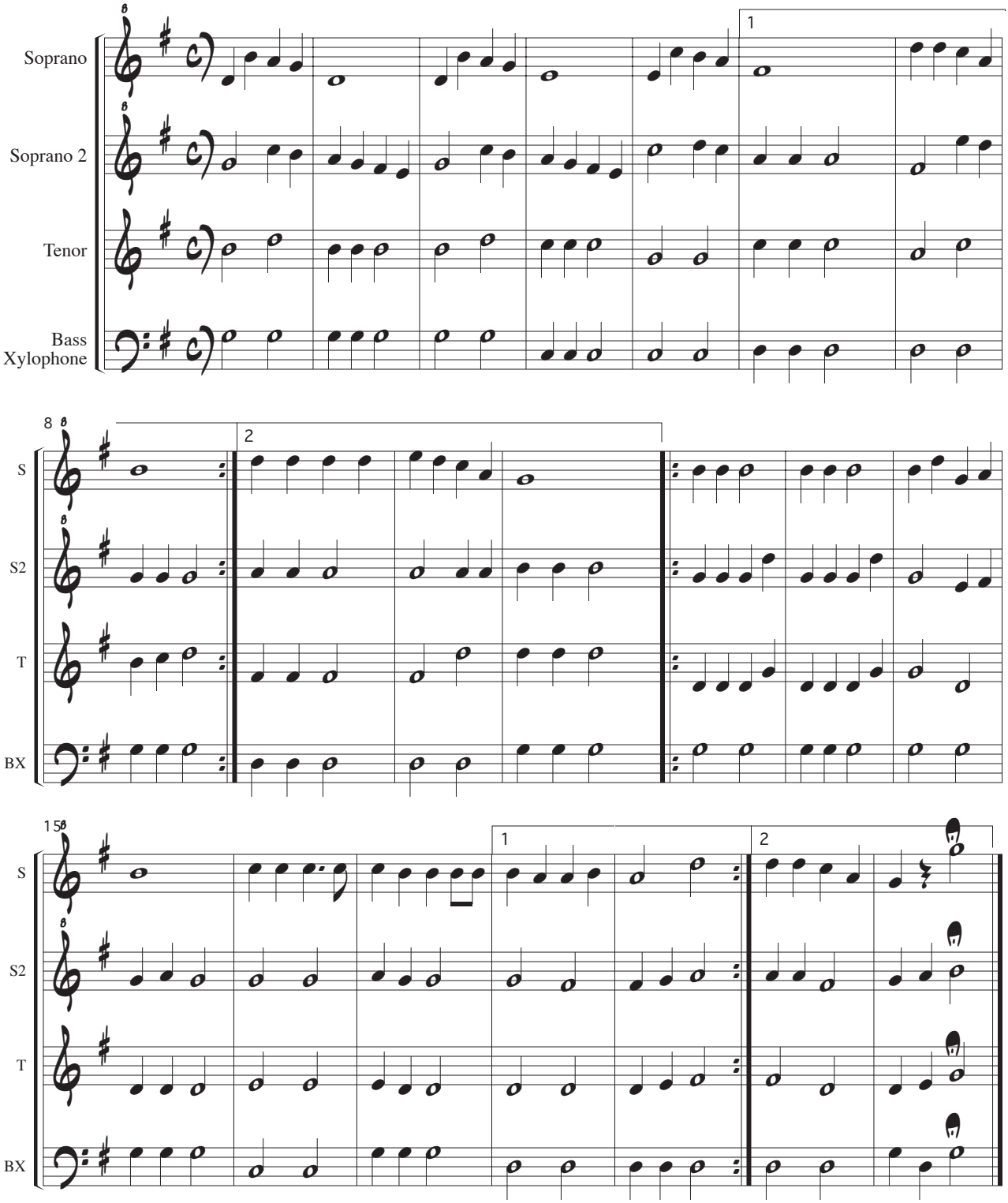
Part 1: D, E, F#, A, B, C, D, E, (G^1)
Part 2: E, F#, G, A, B, C^1, D^1, E^1

Jingle Bells

BPCC #14

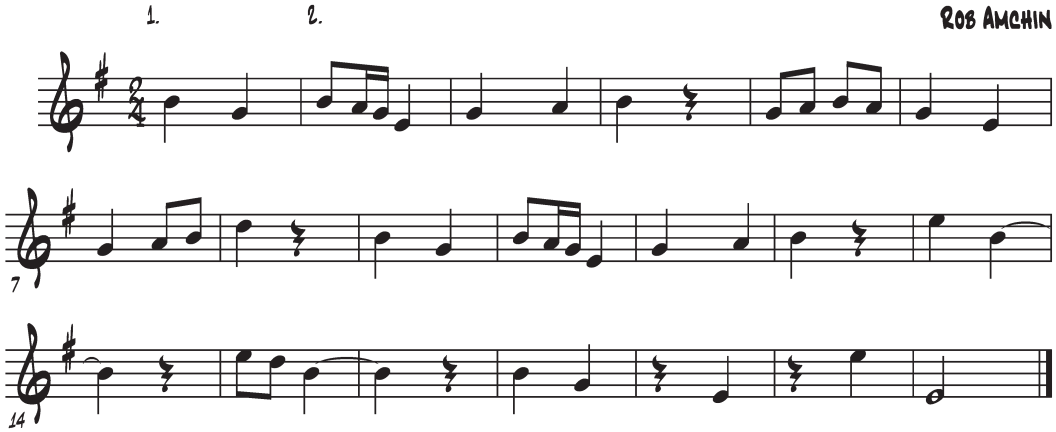
J. S. Pierpoint
Arr. Michael R. Nichols
and Brent M. Holl



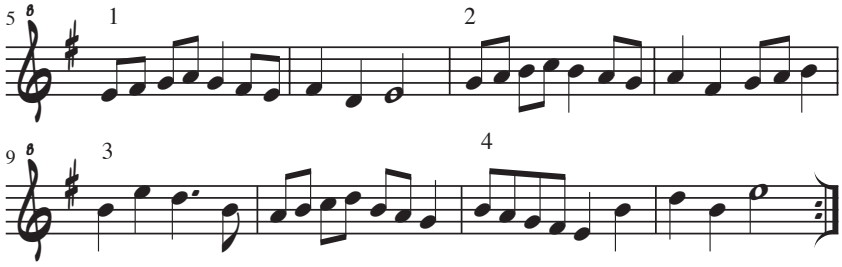
Ens:12

Pipe and Drum

Rob Amchin

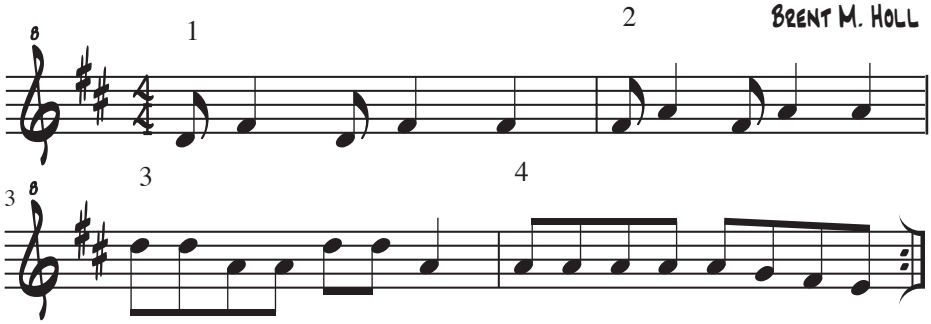


Egyptie



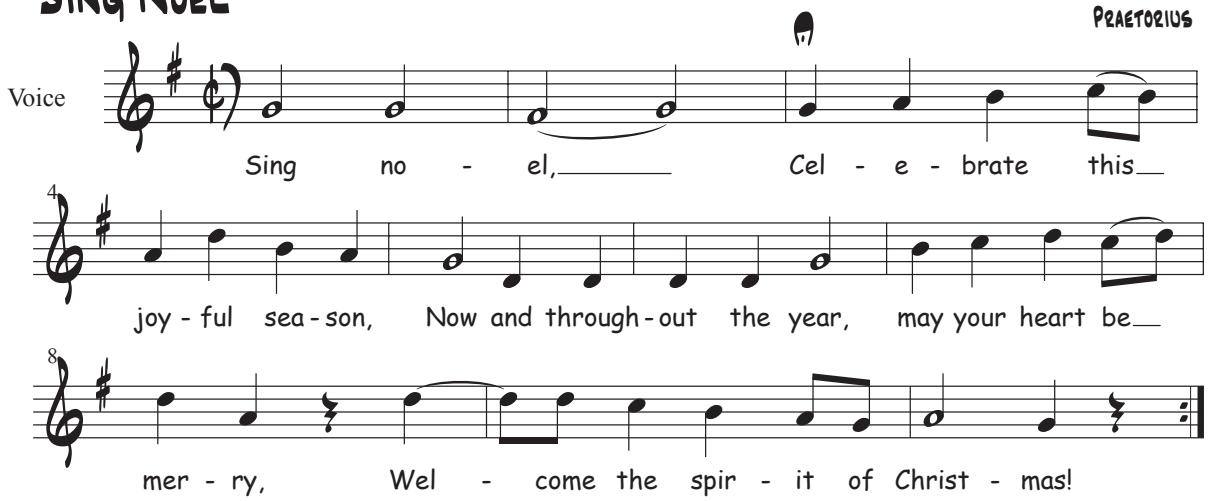
Canon

Brent M. Holl



Sing Noel

Praetorius

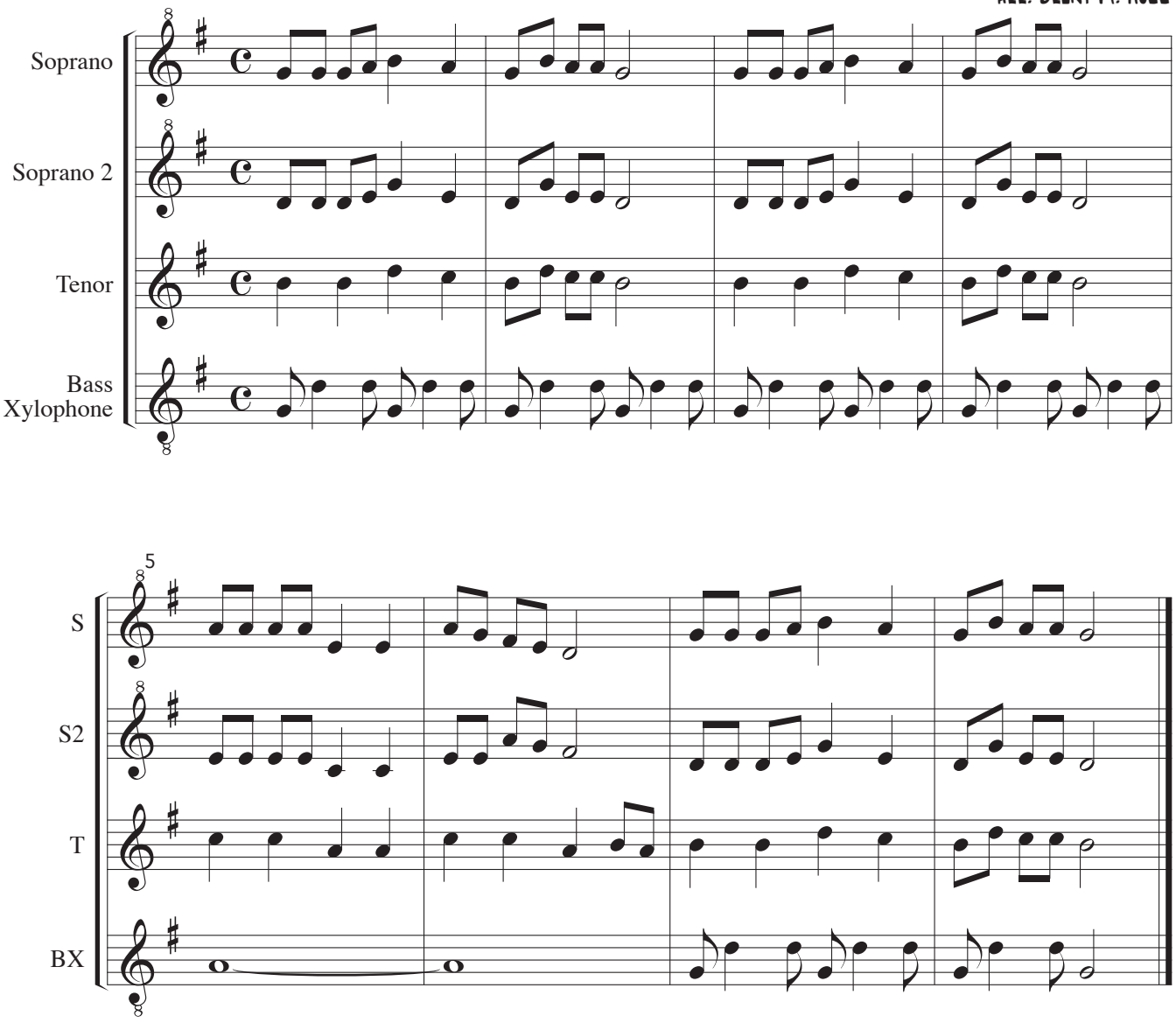


PART 1: D, E, F#, G, A, B
PART 2: C, D, E, F#, G, A
TENOR: FOR THE TEACHER

Au Clair de la Lune

BPCC #4

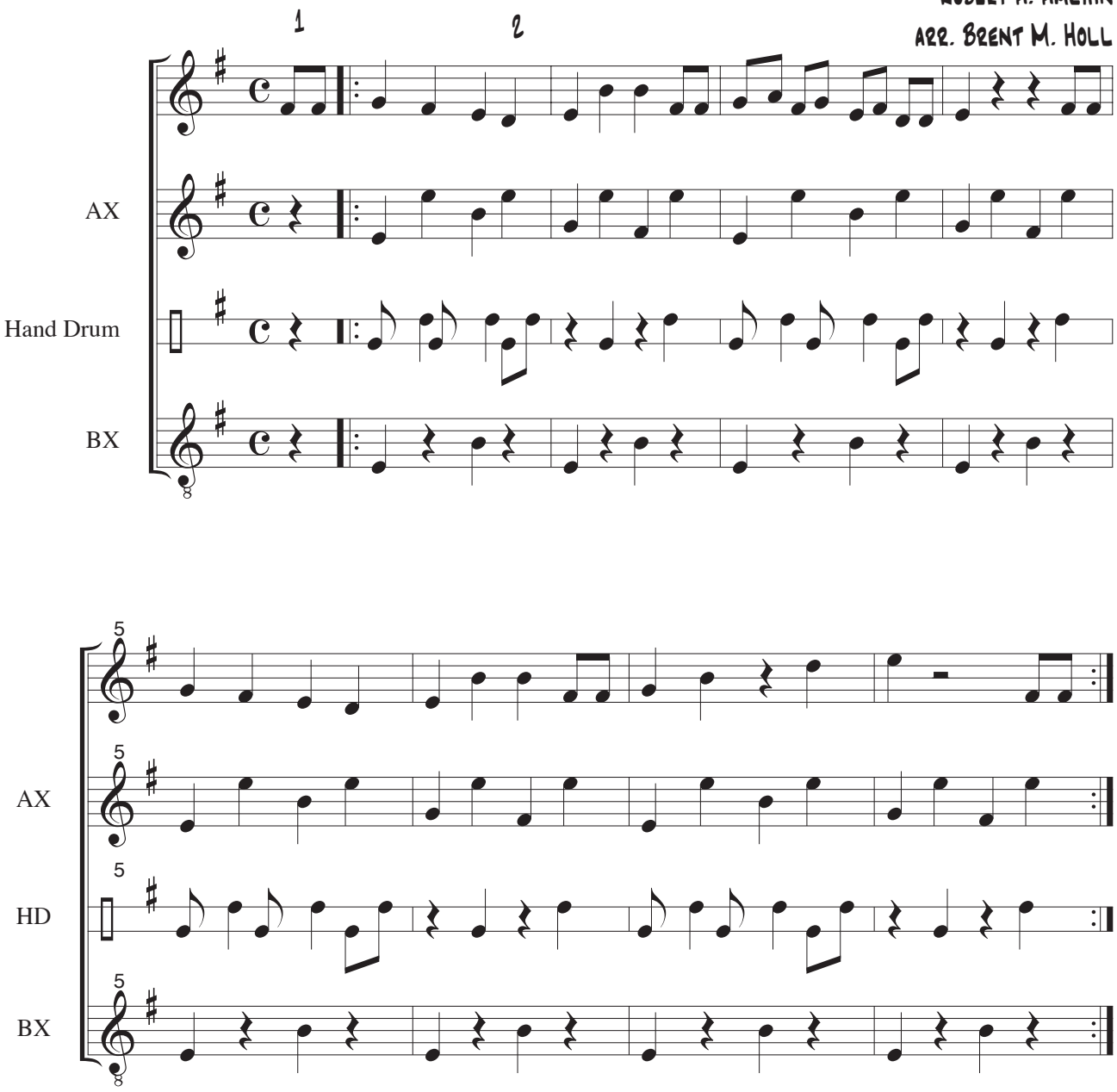
French Folk Song
arr. Brent M. Holl



D, E, F#, G, A, B, C1, D1, E1

Canon After Two

Robert A. Amchin
arr. Brent M. Holl



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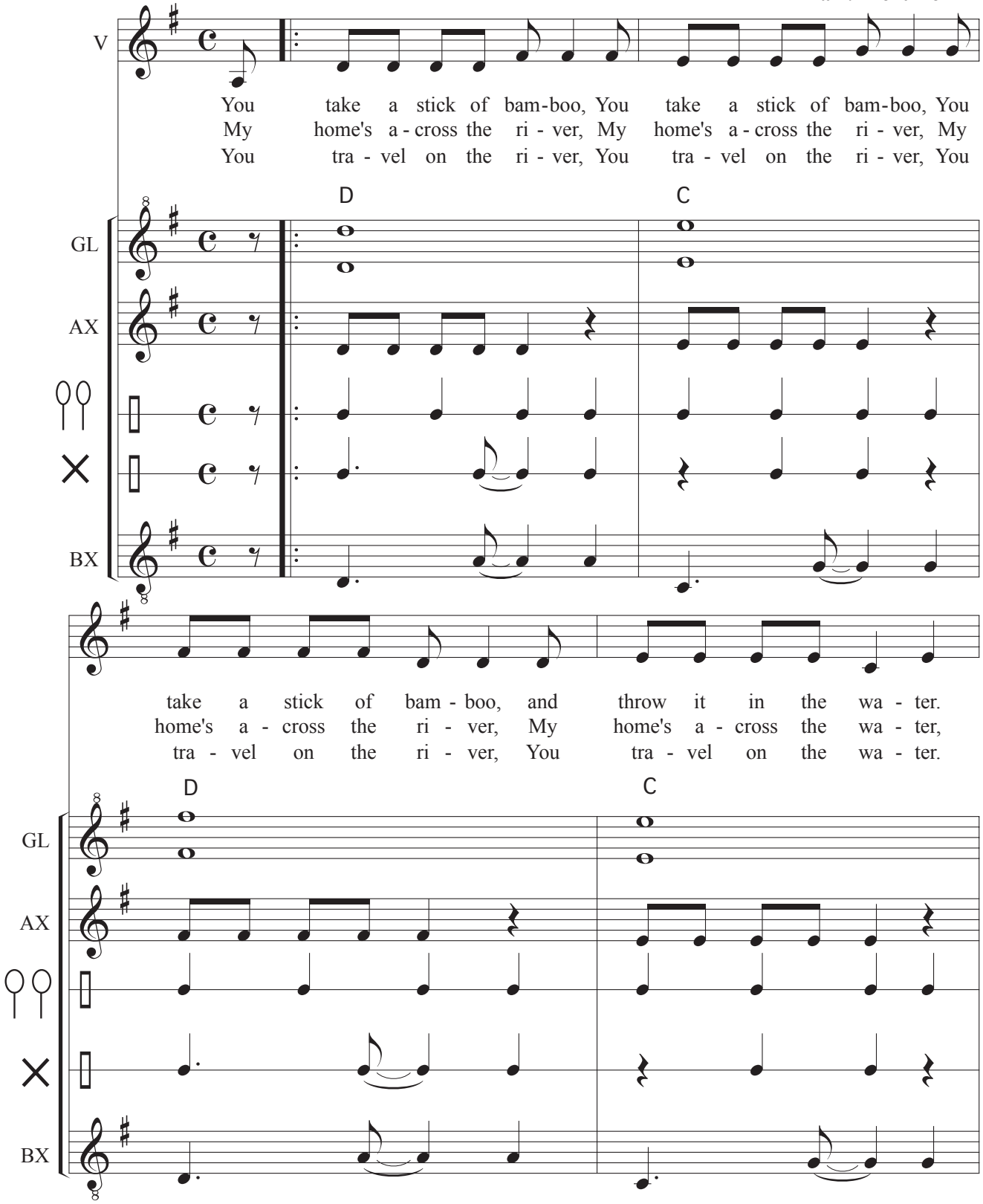
C, D, E, F#, G, A, B

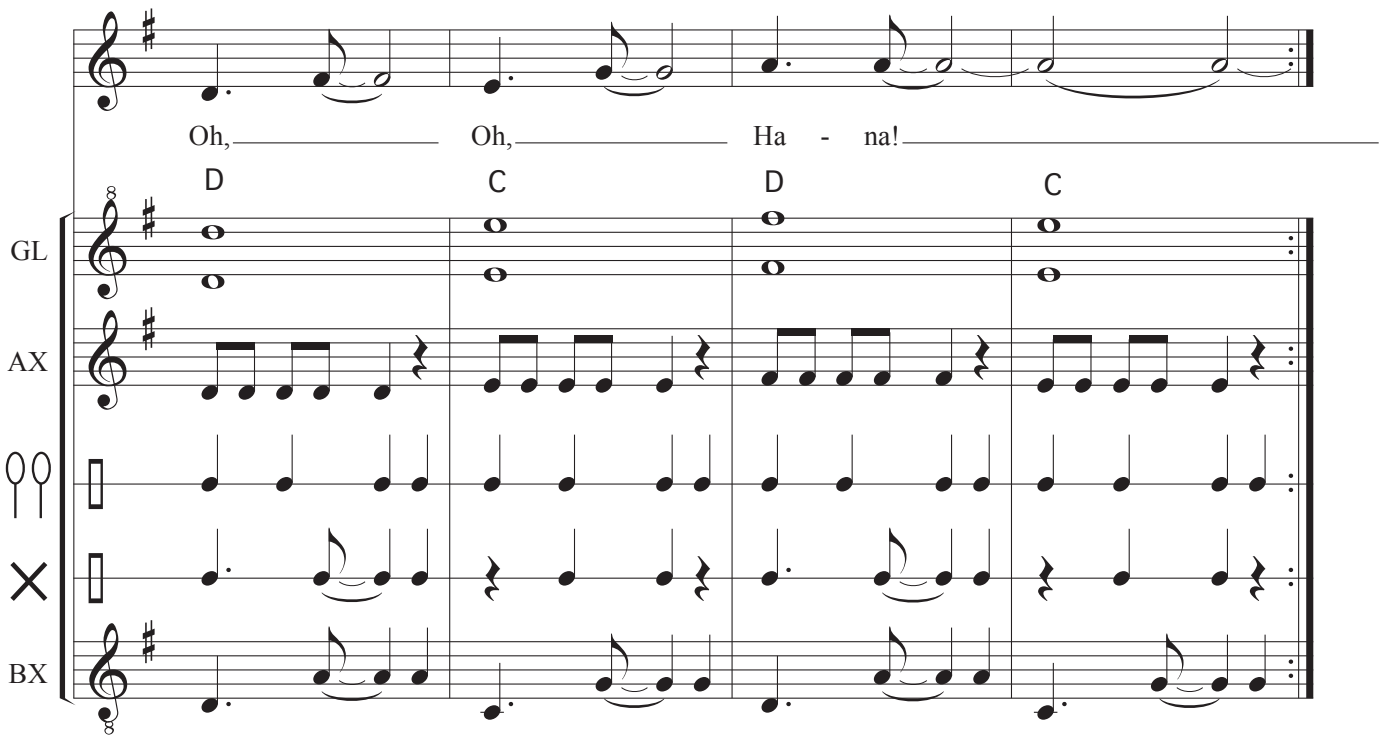
Bamboo

South American Folk Song

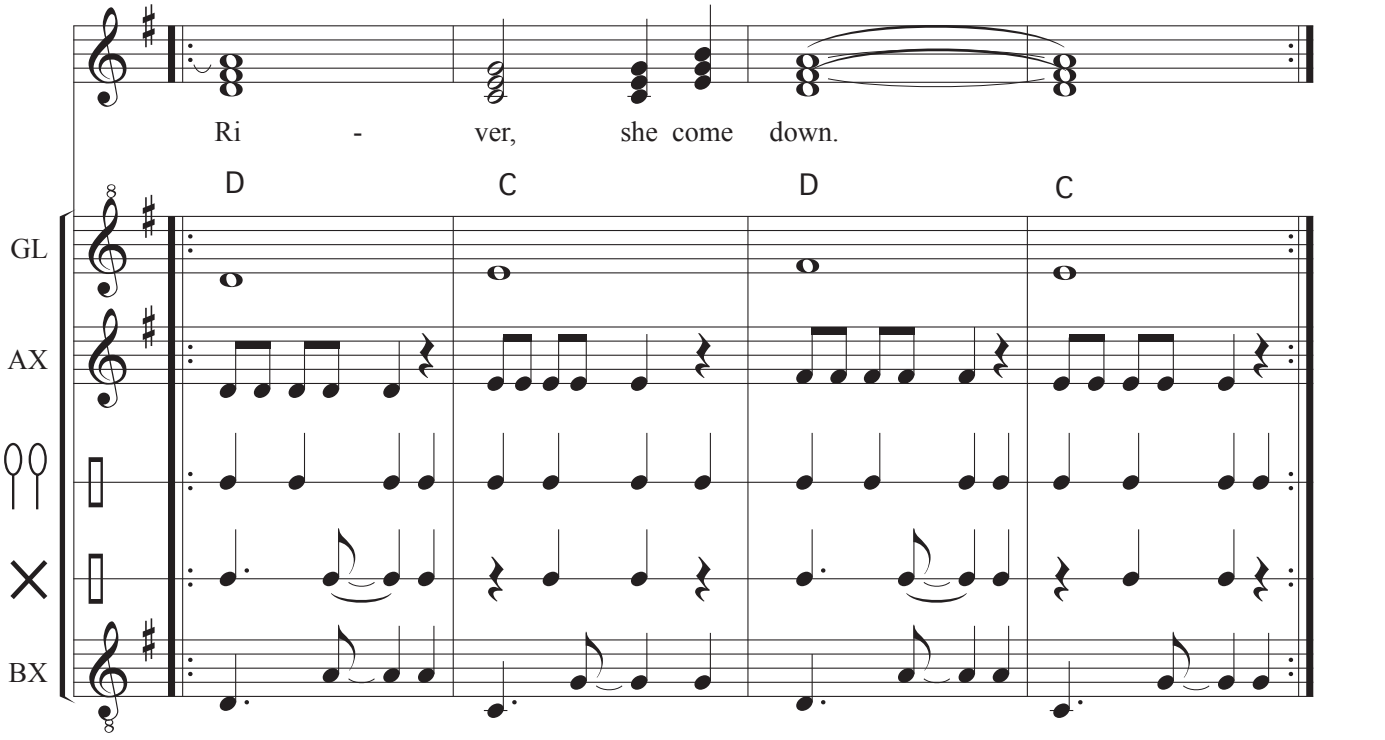
arr. Brent Holl



Ens:16



Add Recorders:



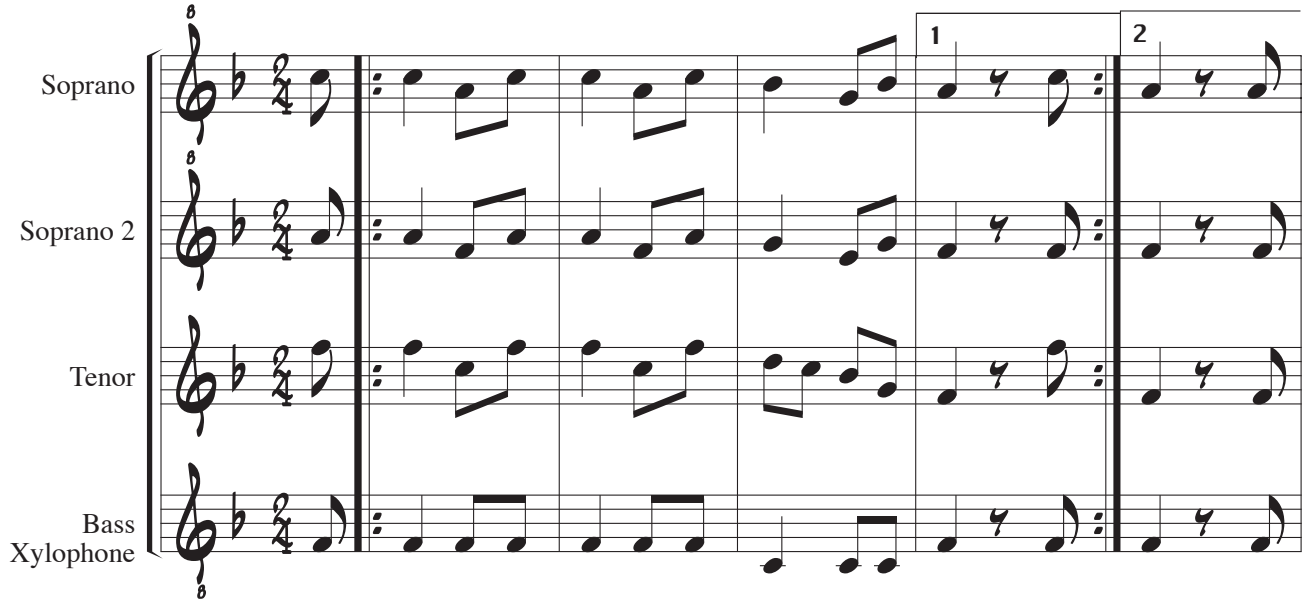
Part 1: F, G, A, B♭, C[1], F[1]

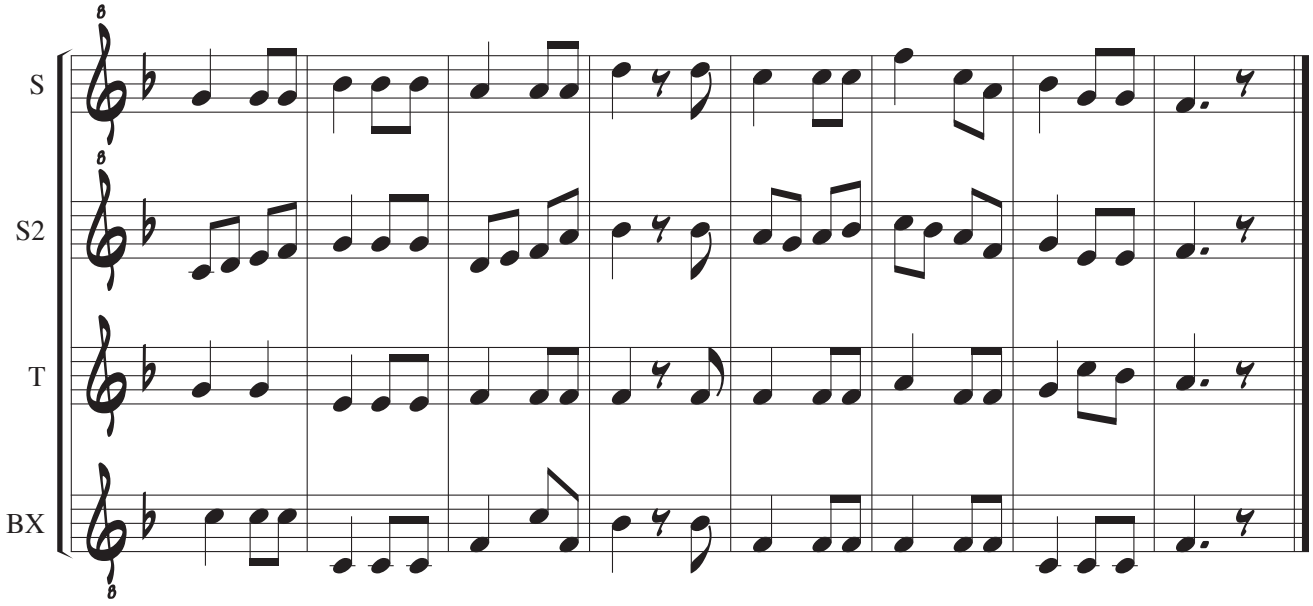
Part 2: C, D, E, F, G, A, B♭,

O Come, Little Children

BPCC #11

Johann A. P. Schulz (1747 - 1800)
arr. Michael R. Nichols
and Brent M. Holl



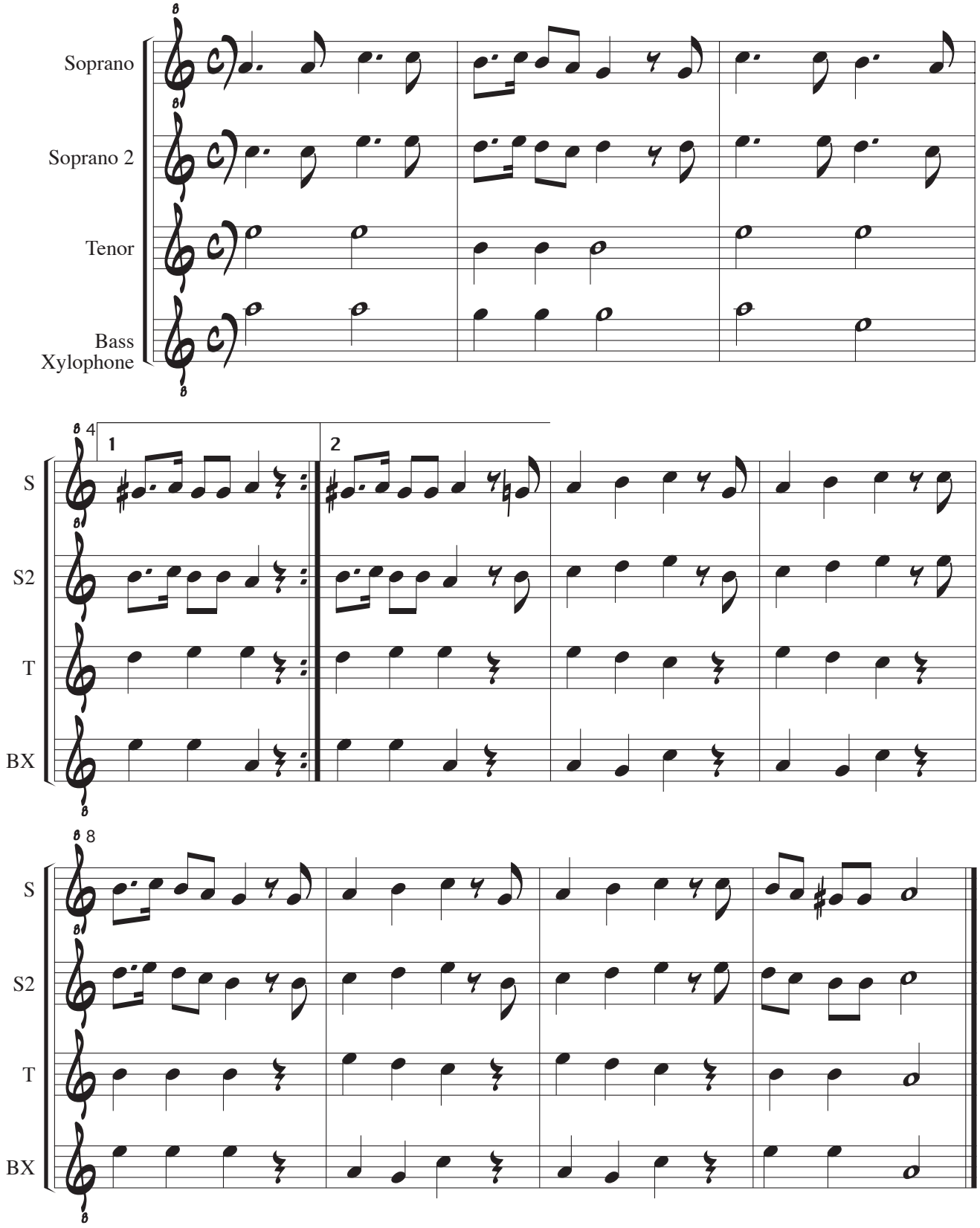


Part 1: G, G#, A, B, C
Part 2: B, C1, D1, E1

Pastime with Good Company

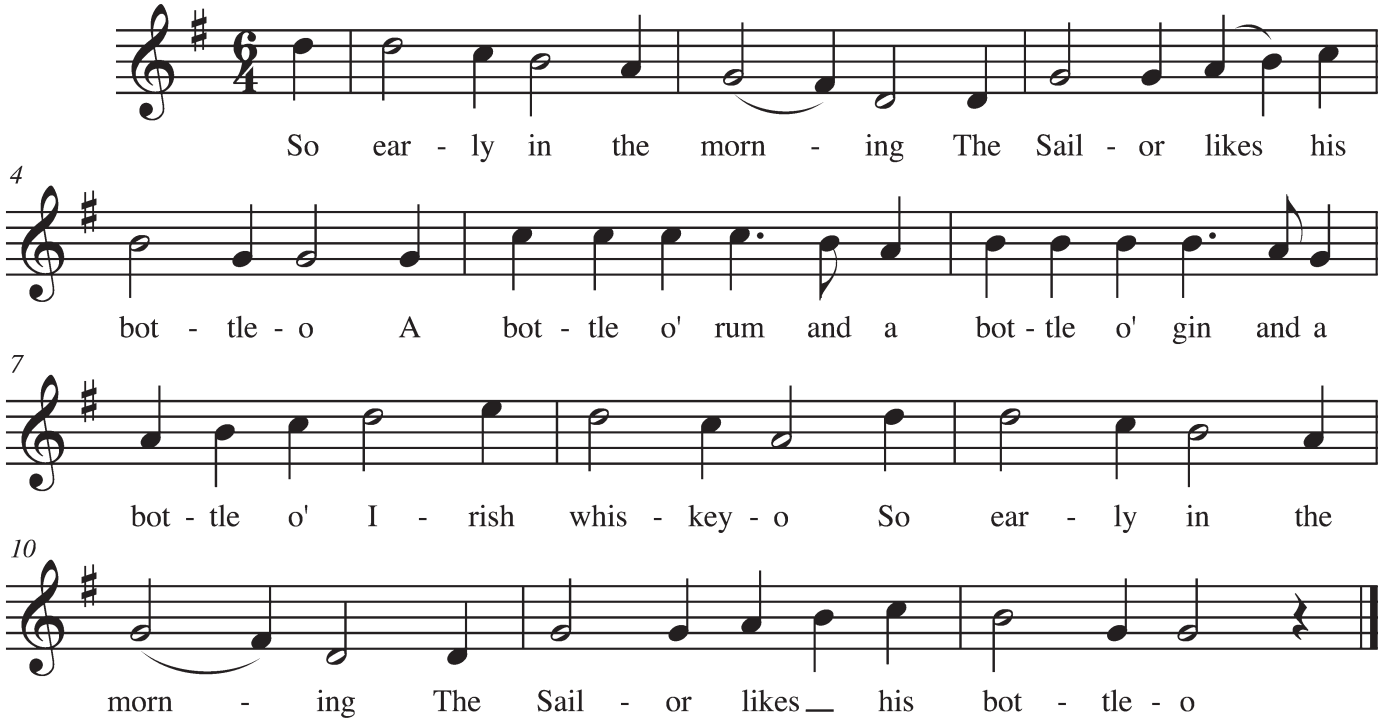
BPCC # 20

King Henry VIII
arr. Brent M. Holl



A Sailor Likes his Bottle-o

Two-pull Halyard Shantey



So early in the morning
The sailor likes his baccy-o
A packet o' shag and a packet o' twist
and a packet o' Yankee Doodle-o
So early in the morning
The sailor likes his baccy-o

So early in the morning
The sailor likes the lasses-o
The lasses o' Blyth and the lasses o' Shields
and the lasses across the water-o
So early in the morning
The sailor likes the lasses-o